

Where to eat, To rest, To take a shower

Resources guide for people
in difficulty in Strasbourg



**Soli
guide**

Summer 2025 Edition

The information has been updated in
JULY 2025



- If you are looking for a place to sleep tonight, call 115
- If you want to meet a social worker : call Strasbourg City Hall at 03 68 98 50 00

Caption



Accessible for people with reduced mobility



Pets allowed



Some money may be required



Find this place on the map with the number



WHERE TO EAT A MEAL



Permanence de l'Arc-en-Ciel

- Breakfast from Monday to Friday :
8:00 A.M to 9.30 A.M



13 Rue de l'Arc-en-Ciel



03 90 00 20 80



Le Zouave

- Breakfast on Saturday : 8.30 A.M to 11:00 A.M



3 Place Saint-Nicolas-aux-Ondes



Centre d'accueil et de soins

On registration

For drug users aged 11 to 25

Brunch on Wednesday : 9:00 A.M to 2:00 P.M

Closed from 18/08 to 28/08



11 Rue Louis Apffel



03 88 35 61 86



WHERE TO EAT A MEAL



Restos du cœur - La Fringale

- Breakfast from Monday to Saturday :
8:00 A.M to 9:00 A.M
- Lunch on Monday, Wednesday and Friday :
12:00 P.M to 2:00 P.M
- Dinner on Monday and Wednesday :
7:00 P.M to 8:00 P.M

No dinner in August



1 Rue du Rempart



03 88 13 63 24



L'Étage - Club des Jeunes

- From Monday to Friday :
- Breakfast : 8:45 A.M to 10:00 A.M
- Lunch : 12:00 P.M to 1:30 P.M
- Dinner : 6:00 P.M to 7:30 P.M

Restaurant closed from 04/08 to 29/08 - distribution of
takeaway meals from Monday to Friday from 5:00 P.M
to 6:00 P.M during this period (in August)



19 Quai des Bateliers



03 88 35 70 76





WHERE TO EAT A MEAL



Centre Fritz Kiener

- Light lunch on Tuesday and Thursday :
11:30 A.M to 12:00 P.M



2 Rue Fritz Kiener



03 88 37 56 06



PAR ENchantment

- Lunch to take away on Saturday : 1:00 P.M to 1:30 P.M



Rue du Rempart (between Papier Gâchette
and Horizon Amitié)



03 88 12 37 78





WHERE TO GET FOOD PACKAGE



Action Sociale Juive

On appointment

- From Monday to Friday : 8:00 A.M to 12:00 P.M



1a Rue René Hirschler



03 88 35 63 57



Restos du Cœur - Cronenbourg

On appointment

- Monday and Friday : 11:00 A.M to 2:00 P.M

Closed from 11/07 to 20/07 included



21 Rue Lavoisier



09 74 30 12 47



Restos du Cœur - Hautepierre

On appointment

- Monday and Friday : 9:00 A.M to 12:00 P.M

Closed from 02/08 to 17/08



1 Place de la Comtesse de Ségur



09 74 30 12 48



WHERE TO GET FOOD PACKAGE



Restos du Cœur - Meinau

On appointment

- From Monday to Thursday :
10:00 A.M to 11.50 A.M / 1:30 P.M to 2:50 P.M
- Friday : 1:30 P.M to 3:30 P.M
- Saturday : 9:30 A.M to 11:50 A.M /
12:30 P.M to 1:30 P.M



15 Rue des Frères Eberts



03 88 40 14 13



Restos du Cœur - Robertsau

On appointment

- Friday : 1:00 P.M to 4:00 P.M

Closed from 04/08 to 21/08



78 Rue du Dr François



07 66 97 99 85



JE REÇOIS DES ALIMENTS POUR CUISINER



Secours Populaire - Neuhof

On the orientation of the Secours populaire de la Meinau

- Monday, Tuesday, Wednesday, Friday and Saturday :
12:30 P.M to 3:00 P.M
- Thursday : 9.30 A.M to 11:30 A.M /
12:30 P.M to 3:00 P.M

Closed from 28/07 to 10/08



5 Rue Jean-Henri Lambert



03 88 36 28 91



La Tente des Glaneurs

- Saturday : 2:00 P.M to 3:00 P.M



36 Boulevard de la Marne (at the corner of
the rue d'Arras)



WHERE TO REST DURING THE DAY AND GET INFORMATION



Centre Fritz Kiener

- Tuesday, Wednesday, Friday : 9:30 P.M to 12 P.M / 1:30 P.M to 4:30 P.M
- Thursday : 9:30 A.M to 12:45 P.M
- From Saturday to Sunday: 10 A.M to 12:45 P.M / 2:00 P.M to 5:00 P.M



2 Rue Fritz Kiener



03 88 37 56 06



Coffee Bar

- Tuesday, Thursday, Sunday : 6:00 P.M to 9:00 P.M
- Friday : 2:30 P.M to 5:30 P.M

Throughout the summer until the end of August,
the Coffee Bar on Friday afternoon will take place
in the Parc de la Citadelle

Closed from 11/08 to 17/08



24 Rue Saint-Louis



03 88 35 67 69



WHERE TO REST DURING THE DAY AND GET INFORMATION

14

Halte Bayard

For Homeless people

- From Monday to Sunday : 8:30 A.M to 12:00 P.M / 1:00 P.M to 6:30 P.M
- Tuesday afternoon : 4:30 P.M to 6:30 P.M
- Wednesday afternoon: 3:00 P.M to 6:30 P.M



8 Rue du Rempart



03 88 32 06 32



17

L'Étage - Club des Jeunes

For young people (18 - 25 years old)

- From Monday to Friday : 9:00 A.M to 12:00 P.M / 1:00 P.M to 5:00 P.M



19 Quai des Bateliers



03 88 35 70 76

25

La T'rêve

- Tuesday, Wednesday, Thursday, Saturday : 9:30 A.M to 5:30 P.M



2 Allée Käthe Kollwitz



03 68 98 69 71



WHERE TO REST DURING THE DAY AND GET INFORMATION



Femmes de paroles

For women only

- Monday : 9:30 AM – 12:00 PM
- Tuesday and Friday : 2:00 PM – 5:00 PM
- Thursday : 10:00 AM – 11:30 AM /
2:00 PM – 4:00 PM



7 Rue de l'Abbé Lemire (ground floor, to the right,
red wall)



03 88 23 41 30



Louise Michel - Solidarités femmes 67

For women victims of violence,
with or without children

- Monday, Wednesday and Friday :
9:00 AM – 12:00 PM



5 Rue Sellenick (3rd floor))



03 88 24 06 06





WHERE TO REST DURING THE DAY AND GET INFORMATION



La Station

For LGBTQIA+ people

- From Tuesday to Friday : 4:00 PM – 8:00 PM
- Saturday : 2:00 PM – 7:00 PM

Closed in August



7 Rue des Écrivains



09 50 51 13 29



Centre d'accueil et de soins

For drug users aged 11 to 25

- Monday : 9:00 AM – 12:00 PM / 2:00 PM – 5:00 PM
- Tuesday : 9:00 AM – 12:00 PM
- Wednesday : 9:00 AM – 2:00 PM
- Thursday : 2:00 PM – 5:00 PM
- Friday : 9:00 AM – 2:00 PM

Closed from 18/08 to 28/08



11 Rue Louis Apffel



03 88 35 61 86



WHERE TO REST DURING THE DAY AND GET INFORMATION



Ithaque - CSAPA et CAARUD

For drug users

- Monday, Tuesday, Thursday : 9:00 AM – 11:00 AM / 2:00 PM – 5:00 PM
- Wednesday : 9:00 AM – 11:00 AM / 3:00 PM – 7:00 PM
- Friday : 2:00 PM – 5:00 PM

Note : Services reserved for women on Tuesday afternoon



12 Rue Kuhn



03 88 52 04 04



WHERE TO GET SUPPORT AND INFORMATION



Permanence de l'Arc-en-Ciel

- From Monday to Thursday : 10:00 AM – 12:00 PM / 2:00 PM – 4:30 PM
- Friday : 10:00 AM – 12:00 PM



13 Rue de l'Arc-en-Ciel



03 90 00 20 80



Point d'Accueil et de Solidarité (PAS)

- Monday, Tuesday, Wednesday, Friday : 8:30 AM – 11:30 AM / 2:00 PM – 5:15 PM
- Thursday : 8:30 AM – 11:30 AM



20 Place de la Gare



03 88 15 92 79



Secours Populaire - Meinau

- Monday : 2:00 PM – 4:30 PM
- From Tuesday to Saturday : 9:30 AM – 11:30 AM / 2:00 PM – 4:30 PM
- Sunday : 9:30 AM – 12:00 PM

Closed from 28/07 to 10/08



150 Avenue de Colmar (entrance via Route de la Fédération)



03 88 36 28 91



WHERE TO GET SUPPORT AND INFORMATION



Strasbourg Action Solidarité

- Monday : 8:30 AM – 2:00 PM
- Tuesday : 8:30 AM – 5:00 PM
- Wednesday to Friday : 8:30 AM – 2:00 PM

Closed from 26/07 to 10/08



9 Rue de Flandre



06 09 21 95 49



La Cloche

- Tuesday : 2:00 PM – 4:00 PM



2 Rue du Grand Couronné



06 56 78 96 52



Restos du cœur - La Fringale

- Tuesday : 2:30 PM – 5:30 PM



1 Rue du Rempart



03 88 13 63 24



WHERE TO GET SUPPORT AND INFORMATION



Armée du Salut

- Tuesday, Thursday and Saturday :
9:00 A.M – 11:30 A.M



5b Rue de la Chaîne



03 88 32 54 58



WHERE TO USE DRUGS SAFELY



Ithaque - Argos

For drug users

- From Monday to Sunday : 13:00 P.M – 7:00 P.M



Passerelle René Burgun, Quai Menachem Taffel



03 68 00 19 14



WHERE TO TAKE A SHOWER



Bains municipaux

- Monday to Sunday : 9:00 AM – 5:00 PM



10 boulevard de la Victoire



03 68 71 93 93



Centre Fritz Kiener

- Saturday, Sunday and public holidays :
10:30 AM – 12:00 PM / 2:00 PM – 3:30 PM



2 Rue Fritz Kiener



03 88 37 56 06



Halte Bayard

You must make an appointment

For homeless people

- From Monday to Sunday : 8:30 AM – 12:00 PM /
1:00 PM – 6:30 PM
- Tuesday afternoon : 4:30 PM – 6:30 PM
- Wednesday afternoon : 3:00 PM – 6:30 PM



8 Rue du Rempart



03 88 32 06 32



WHERE TO TAKE A SHOWER



La Bulle

- Monday : 8:30 AM – 11:15 AM / 1:00 PM – 3:15 PM
- Tuesday : 8:30 AM – 11:45 AM
- From Wednesday to Friday : 8:30 AM – 11:15 AM / 1:00 PM – 3:15 PM



4 Rue Fritz Kiener



La T'rêve

- Tuesday, Wednesday, Thursday, Saturday :
10:00 AM – 12:00 PM / 1:00 PM – 4:30 PM



2 Allée Käthe Kollwitz

▶ 03 68 98 69 71



Piscine de la Kibitzenau

Summer opening times until 31/08 :

- From Monday to Friday : 10:00 AM – 7:00 PM
- Saturday and Sunday : 9:00 AM – 6:00 PM



1A Rue de la Kibitzenau

▶ 03 68 98 51 01





WHERE TO TAKE A SHOWER

43

Strasbourg Action Solidarité

- From Monday to Friday : 8:30 AM – 12:00 PM

Closed from 26/07 to 10/08



9 Rue de Flandre



06 09 21 95 49



11

Femmes de paroles

For women only

- Monday : 9:30 AM – 12:00 PM
- Tuesday and Friday : 2:00 PM – 5:00 PM
- Thursday : 10:00 AM – 11:30 AM /
2:00 PM – 4:00 PM



7 Rue de l'Abbé Lemire (round floor, to
the right, red wall)



03 88 23 41 30



15

Ithaque - Argos

For drugs users

- From Monday to Sunday : 1:00 PM – 7:00 PM



Passerelle René Burgun, Quai Menachem Taffel



03 68 00 19 14



WHERE TO DO LAUNDRY



Ithaque - CSAPA et CAARUD

For drug users

- Monday, Tuesday, Thursday : 9:00 AM – 11:00 AM / 2:00 PM – 5:00 PM
- Wednesday : 9:00 AM – 11:00 AM / 3:00 PM – 7:00 PM
- Friday : 2:00 PM – 5:00 PM

Services reserved for women on Tuesday afternoon



12 Rue Kuhn



03 88 52 04 04



Centre Fritz Kiener

You must take an appointment

On Wednesday afternoon

- Wednesday : 1:30 PM – 4:30 PM



2 Rue Fritz Kiener



03 88 37 56 06





WHERE TO DO LAUNDRY

14

Halte Bayard

For homeless people

By appointment only

- From Monday to Sunday : 8:30 A.M. – 12:00 P.M. / 1:00 P.M. – 6:30 P.M
- Tuesday afternoon : 4:30 P.M. – 6:30 P.M
- Wednesday afternoon : 3:00 P.M. – 6:30 P.M

 8 Rue du Rempart

 03 88 32 06 32



18

La Bulle

You must make an appointment at the reception

- Monday : 8:30 A.M. – 11:15 A.M. / 1:00 P.M. – 3:15 P.M
- Tuesday : 8:30 A.M. – 11:45 A.M
- From Wednesday to Friday : 8:30 A.M. – 11:15 A.M. / 1:00 P.M. – 3:15 P.M

 4 Rue Fritz Kiener





WHERE TO DO LAUNDRY



La T'rêve

By appointment

- **Tuesday, Wednesday, Thursday, Saturday :**
9:30 A.M. – 5:30 P.M



2 Allée Käthe Kollwitz



03 68 98 69 71



Strasbourg Action Solidarité

By appointment

- **Monday, Wednesday, Thursday, Friday :**
8:30 AM – 2:00 PM
- **Tuesday :** 8:30 AM – 5:00 PM

Closed from July 26 to August 10



9 Rue de Flandre



06 09 21 95 49



Louise Michel - Solidarités femmes 67

By appointment

For women victims of violence, with or without children

- **Monday, Wednesday, Friday :** 9:00 AM – 12:00 PM



5 Rue Sellenick (3rd floor)



03 88 24 06 06





WHERE TO DO LAUNDRY



Femmes de paroles

For women only

- Monday: 9:30 AM – 12:00 PM
- Tuesday and Friday: 2:00 PM – 5:00 PM
- Thursday: 10:00 AM – 11:30 AM /
2:00 PM – 4:00 PM



7 Rue de l'Abbé Lemire (ground floor, to
the right, red wall)

▶ 03 88 23 41 30



Itaque - CSAPA et CAARUD

For drug users

- Monday, Tuesday, Thursday : 9:00 AM – 11:00 AM /
2:00 PM – 5:00 PM
- Wednesday : 9:00 AM – 11:00 AM /
3:00 PM – 7:00 PM
- Friday : 2:00 PM – 5:00 PM

Services reserved for women on Tuesday afternoon

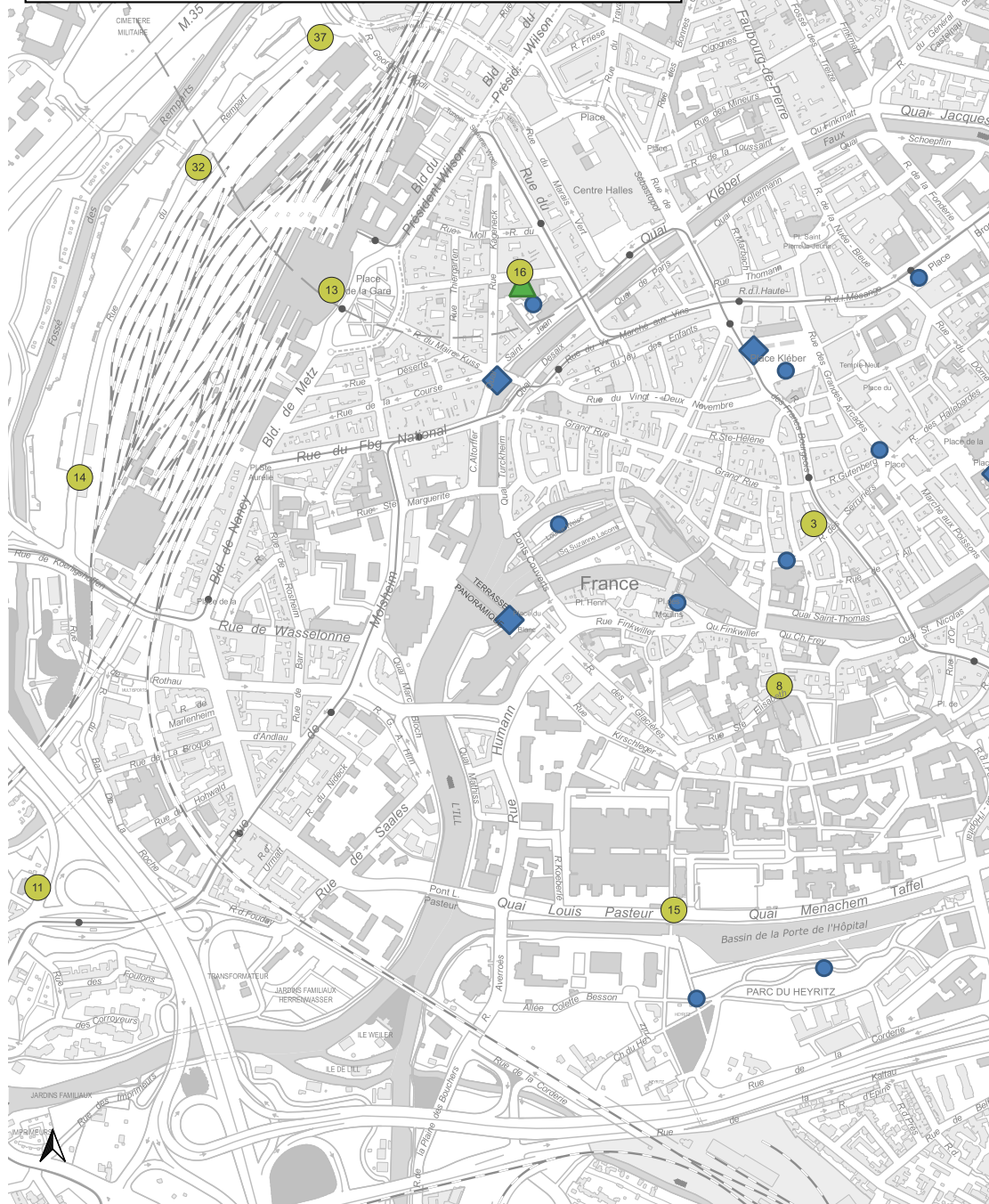


12 Rue Kuhn

▶ 03 88 52 04 04



Je mange, je me repose en journée, je me lave
where to eat, to rest, to take a shower
где поесть, где отдохнуть, где принять душ
آكل، أرتاح في النهار، وأغتسل.





- lieux où je peux obtenir de l'aide /
places to get help and support /
места, чтобы получить помощь /
أماكن يمكنني الحصول فيها على المساعدة
- ▲ lieux où je peux obtenir des protections menstruelles /
menstrual protection products /
средства для месячных /
أماكن يمكنني الحصول على حماية من الدورة الشهرية
- ◆ toilettes publiques
/ public toilets /
общественные туалеты /
دورات مياه عامة
- Fontaines à boire /
water fountains /
источники питьевой воды /
نوافير شرب

**Use this QR code to to make sure you have
the most up-to-date information**



**You can contact 07 57 91 67 11 by SMS or
WhatsApp (no calls) to get help**

